

ISOLATION PRECAUTIONS EDUCATIONAL SHEET FOR PATIENTS & VISITORS

Personal Protective Equipment PPE is specialized clothing or equipment, worn for protection against spreading germs.

All of the **PPE** listed here prevent contact with germs, by creating a barrier.

- Gloves, protect the hands
- Gowns protect the skin and/or clothing
- Masks and respirators protect the mouth and nose

Four key points:

- Put **PPE** on before you enter the room
- When you are finished with your visit, remove the **PPE** carefully
- Discard it in the trash provided
- Perform hand hygiene

Removing **PPE** is as simple as 1, 2, 3, 4. Remove the items in the following order.

1. Gloves
2. Gown
3. Hand Hygiene
4. Mask

Below are the five types of isolation signs you may see at John Dempsey Hospital:



- ♦ Contact Precautions requires gloves and gown for entering the patient's room.
- ♦ Enteric Precautions requires gloves and gown for entering the patient's room.
- ♦ Droplet Precautions requires the use of a surgical mask.
- ♦ Airborne Precautions requires that only a respirator be worn.
- ♦ Airborne and Contact precautions are followed and eye protection must be used.