# Using the UConn Health Pulse VPN client with Duo

The UConn Health Pulse VPN client has been updated to use Duo for two-factor authentication (2FA). This will help protect UConn Health from outside threats by ensuring the identity of the user connection. The Pulse VPN client is still only permitted to be run on UConn Health managed computers.

The instructions below will guide you though the connection process once the Pulse VPN client with Duo is installed:
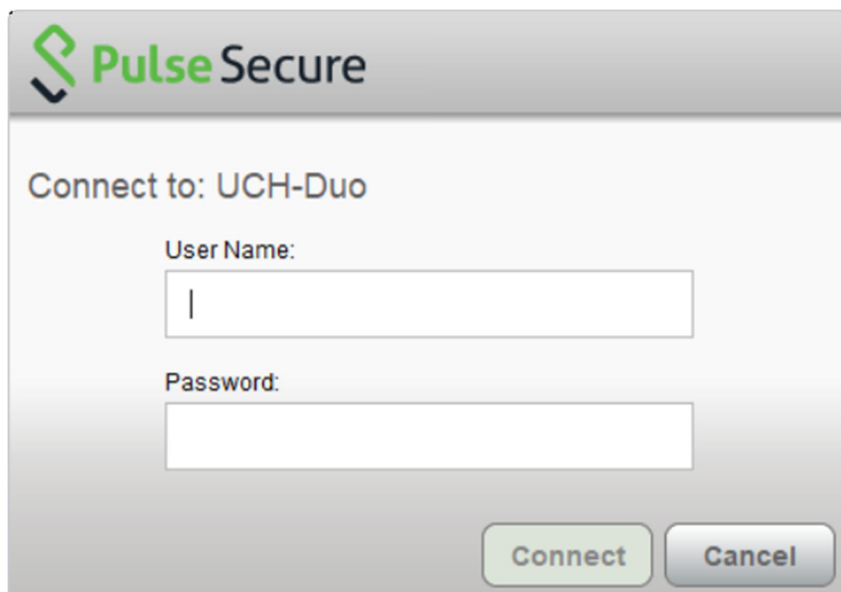
1. Locate the icon that looks like a "S" in your system tray down near the system clock:
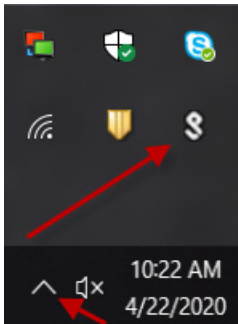
2. Click on the Pulse icon, click on UCH-Duo, and then on Connect:
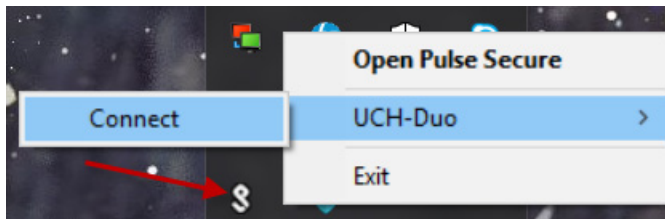
3. The logon screen will appear:

4. Enter your UConn Health username and password (same as what you logon to PCs or email) and click on Connect. A secondary authentication window will appear:

5. The Secondary User Name will be prefilled with your username. For the Duo authentication you will enter a passcode or type push, phone, or sms based on the action you want:

Type...	To...
A passcode	Enter a passcode, either generated with Duo Mobile, sent via SMS, generated by a hardware token, or provided by the Service Desk. Examples: "123456" or "1456789"
push	Push a login request to your phone. A phone with the Duo application installed will receive a push button to approve the connection.
phone	You will get a phone call to your registered device to authenticate.
sms	Your initial login attempt will fail after entering "sms" but you will receive a code via text that you can then enter and connect.

6. Once Pulse VPN connects it will minimize back to the system tray. When you are done with the connection you can simply reverse the process of connecting and select disconnect: